



ALLIANCE
OF COALITIONS
for Healthy Communities

Mental Health & Substance Abuse

**Treatment & Support
Community Resources**

Oakland County

Together We Can...



About The Alliance

Through substance abuse prevention, mental and physical wellness, and recovery support programs, the Alliance connects, strengthens, and mobilizes strategic partners to promote healthier communities.

The Alliance is the largest prevention organization in Oakland County, consisting of 22 prevention coalitions and 5 support and recovery regions. The members mobilize a diverse group of persons and organizations from all community sectors to take coordinated action in building healthier communities.

Prevention & Recovery Support



(248) 221-7101 • www.ACHCMI.org



Help Is Always Appreciated!

If you would like to partner with The Alliance, visit ACHCMI.org or call (248) 221-7101 to make a charitable donation. Online giving is available on our website. The Alliance is a charitable organization under Section 501(c)(3) of the IRS Code. Contributions are tax deductible as provided by law.

Sober Support Unit (SSU)

The Sober Support Unit (SSU) is a sobering and monitoring program that provides a supportive environment for people experiencing side effects of drug and alcohol use. It serves as a gateway to treatment for substance use disorders. This non-medical unit is staffed by trained recovery coaches and Emergency Medical Technician (EMT), offering twenty-hour monitoring and observation as the first step toward long-term substance use treatment services. The unit accommodates up to ten individuals at any given time, twenty-four hours a day, seven days a week.

This service is open to anyone seeking substance use assistance who:

- Agrees to go to the unit in preparation for substance abuse services and recovery
- Is willing to participate in a mental health/substance abuse assessment

Law enforcement can transport from local jurisdictions as well.

The Sober Support Unit is housed at the Resource and Crisis Center (RCC) at 1200 N. Telegraph Road, Building 32 East, Pontiac, MI 48341. (800) 231-1127

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The Starting Point

Some Treatment Services You Can Call Directly For an Appointment:

- Utilizing Private Insurance (example: BCBS). Make sure you ask what types of services and treatments you are eligible for under your plan.
- Sliding Scale
- Private Pay
- No Insurance/Underinsured
- Community Groups

Some Treatment Services Require an Eligibility Screening from OCHN Access:

- Medicaid
- Healthy Michigan

MENTAL HEALTH AND SUBSTANCE USE ACCESS SERVICES: (248) 464-6363



ASSESSMENT:

- The assessment lasts about 45 minutes.
- The individual who has the substance abuse issue has to call to schedule the assessment.
- Assessments are scheduled within a day or two and are completed face-to-face.

OUTCOME:

Once the assessment is complete OCHN Access will provide you with a decision for treatment.

TREATMENT:

Time between screening and placement can vary; however cannot exceed 14 days.

DIRECTORY

PRE-TREATMENT SERVICES

(Intervention Assistance – determining the need for change)

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Bald Mountain Behavioral Medicine**.....(248) 693-4000
bmbmedicine.com
- CNS Healthcare**.....(800) 615-0411
cnshealthcare.org
- Feinberg Consulting**.....(877) 538-5425
feinbergconsulting.com
- Foundations Recovery (Skywood) Outpatient Services***
foundationsrecoverynetwork.com.....(248) 965-6606
- Integrated Care Clinicians, LLC**.....(248) 818-1249
integratedmat@gmail.com
- Milford Counseling**.....(248) 390-5791
milfordcounseling.com
- Personalized Nursing Light House**.....(800) 467-7654
pnlh.org
- Hegira Health**.....(734) 793-5026
hegirahealth.org

DETOX AND TREATMENT

(Treatment designed to rid the body of substances)

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Ascension** (formerly Brighton Center for Recovery). (810) 227-1211
<https://tinyurl.com/yt3vd92k>
- Bald Mountain Behavioral Medicine**.....(248) 693-4000
bmbmedicine.com
- Community Programs Inc. (CPI)***.....(248) 406-0090
communityprograms.org
- Dawn Farm**.....(734) 669-8265
dawnfarm.org
- Hegira Health**.....(734) 793-5026
hegirahealth.org
- Henry Ford Maplegrove**.....(248) 661-6100
henryford.com/maplegrove
- Holy Cross Services***.....(844) 452-4767
holycrossservices.org
- Home of New Vision**.....(734) 975-1602
homeofnewvision.org
- Meridian Health Services***.....(248) 599-8999
meridian-hs.org
- Neu Urgent Care**.....(248) 629-7497
neuurgentcare.com
- Personalized Nursing Light House***.....(800) 467-7654
pnlh.org
- Sacred Heart Rehab Center***.....(810) 392-2167
sacredheartcenter.com

*Denotes co-occurring

SHORT TERM RESIDENTIAL

(Inpatient treatment 3 to 28 days)

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Ascension** (formerly Brighton Center for Recovery).(810) 227-1211
<https://tinyurl.com/yt3vd92k>
- Community Programs Inc. (CPI)***(248) 406-0090
communityprograms.org
- Hegira Programs/Oakdale Recovery Center***
hegirahealth.org.....(734) 397-3088
- Henry Ford Maplegrove**.....(248) 661-6100
henryford.com/maplegrove
- Turning Point – Pontiac***.....(248) 334-7760
mhweb.org/oakland/turningpoint.htm
- Personalized Nursing Light House***.....(734) 451-7800
pnlh.org
- Sacred Heart Rehab Center***.....(888) 802-7472
sacredheartcenter.com

**Denotes co-occurring*

LONG TERM RESIDENTIAL

(Inpatient treatment over 28 days)

- Acadia Healthcare**(810) 341-3573 or (844) 298-2324
brian.cousins@acadiahealthcare.com...acadiahealthcare.com
- Dawn Farm**.....(734) 669-8265
dawnfarm.org
- Foundations Recovery (Skywood) Outpatient Services***
foundationsrecoverynetwork.com.....(248) 965-6606
- Home of New Vision**.....(734) 975-1602
homeofnewvision.org
- Milford Counseling**.....(248) 390-5791
milfordcounseling.com
- Turning Point, Pontiac***.....(248) 334-7760
mhweb.org/oakland/turningpoint.htm
- Rose Hill Center***.....(248) 634-5530
rosehillcenter.org

**Denotes co-occurring*

3/4 AND/OR SOBER LIVING HOMES

- Home of New Vision**.....(517) 788-5596
- Milford Counseling Sober Living Homes**.....(248) 390-5791
- Sweet Surrender**.....(248) 891-5101
- Vision Quest**.....(810) 300-8536
visionquestrecovery.com

OUTPATIENT TREATMENT

(Individual Therapy, Groups, Psychiatric, etc.)

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Bald Mountain Behavioral Medicine***.....(248) 693-4000
bmbmedicine.com
- CNS Healthcare**.....(248) 745-4900
cnshealthcare.org
- Easterseals***.....(800) 75-Seals
easterseals.com
- Foundations Recovery (Skywood) Outpatient Services***
foundationsrecoverynetwork.com.....(248) 965-6606
- Harbor Hall***.....(888) 880-5511
harborhall.com
- Havenwyck Hospital***.....(248) 373-9200
havenwyckhospital.com
- Henry Ford Maplegrove**.....(248) 661-6100
henryford.com/maplegrove
- Insight Counseling, P.C.**.....(248) 923-2099
insightcounselingpc.com
- Integrated Care Clinicians, LLC**(248) 818-1249
integratedmat@gmail.com
- Michigan Counseling Group**.....(586) 510-4992
mdads.biz
- Milford Counseling**.....(248) 390-5791
milfordcounseling.com
- Munson Healthcare Alcohol & Drug Treatment Center**
Traverse City.....(231) 935-6382
munsonhealthcare.org/adtc
- Neu Urgent Care**.....(248) 629-7497
neuurgentcare.com
- Oakland Family Services***.....(248) 858-7766
oaklandfamilyservices.org
- Recovery Consultants (RCI)***.....(248) 543-1090
recoveryconsultantsincorporated.com
- River's Bend, P.C.**.....(248) 585-3239
riversbendpc.com
- Training and Treatment Innovations, Inc.**
ttiinc.org.....(248) 969-9932; (248) 524-8801
- Well Health Medical Associates***(248) 266-6073
wellhealthassociates.com

*Denotes co-occurring

INPATIENT & OUTPATIENT TREATMENT

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Great Lakes Recovery Centers**.....(855) 906-4572
greatlakesrecovery.org
- Henry Ford Maplegrove**.....(248) 661-6100
henryford.com/maplegrove
- Odyssey House**.....(810) 238-5888
odysseyvillage.com
- Personalized Nursing Light House**.....(734) 451-7800
pnlh.org
- Sacred Heart Wellness Center**.....(248) 658-1116
sacredheartcenter.com

INDIVIDUAL THERAPY

- Bald Mountain Behavioral Medicine**.....(248) 693-4000
bmbmedicine.com
- Catholic Charities of SE MI**.....(855) 882-2736
- CNS Healthcare**.....(800) 615-0411
cnshealthcare.org
- Easterseals***.....(800) 75-Seals
easterseals.com
- Eastwood Clinics**.....(248) 288-9333
- Foundations Recovery (Skywood) Outpatient Services***
foundationsrecoverynetwork.com.....(248) 965-6606
- Henry Ford Maplegrove**.....(248) 661-6170
henryford.com/maplegrove
- Integrated Care Clinicians, LLC**.....(248) 818-1249
integratedmat@gmail.com
- Jewish Family Services**.....(248) 592-2313
jfsdetroit.org
- Milford Counseling**.....(248) 714-8012
- Oakland Family Services***.....(248) 858-7766
- Perspectives of Troy**.....(248) 244-8644
- Serenity Therapy Center**.....(248) 853-4119
- Recovery Consultants (RCI)***.....(248) 543-1090
recoveryconsultantsincorporated.com
- River's Bend, P.C.**.....(248) 585-3239
riversbendpc.com
- Rochester Area Counseling**.....(248) 266-6166

**Denotes co-occurring*

SUPPORT GROUPS

- Alliance/Oakland County Family & Recovery Support Meetings**.....(248) 221-7101
achcmi.org/events
- Common Ground/Resource & Crisis Helpline, 24 Hours**
commongroundhelps.org.....(800) 231-1127
- CNS Healthcare-Veteran Support**.....(800) 615-0411
cnshealthcare.org

SUPPORT GROUPS (cont.)

- Drug Free Allstars**.....(248) 907-3833
drugfreeallstars.org
- Families Anonymous**.....See website for your location
familiesanonymous.org
- Henry Ford Maplegrove** - Free Family Education & Support Programs
henryford.com/maplegrove.....(248) 661-6170
- Michigan AA**.....(248) 332-3521
- Michigan NA, Metro Detroit**.....(248) 543-7200
michigan-na.org
- NA, 24 Hour Crisis Line**.....(877) 338-1188
- Peter's Angels (Chaldean/Arabic)**.....(833) 264-3548
- YPAA (Young People of AA)**.....mccypaa.org/about/

ADOLESCENTS

- Bald Mountain Behavioral Medicine**.....(248) 693-4000
bmbmedicine.com
- CNS Healthcare**.....(800) 615-0411
cnshealthcare.org
- Easterseals***.....(800) 75-Seals
easterseals.com
- Harbor Oaks Hospital**.....(866) 258-3079
harboroaks.com
- Henry Ford Maplegrove**.....(248) 788-3005
Lisa Kaplan
- Insight Counseling, P.C.**.....(248) 923-2099
insightcounselingpc.com
- New Oakland Family Centers**.....(800) 395-3223
newoakland.org
- Sollars and Associates**.....(248) 613-5377
sollarsassociates.com
- Thriveworks Beverly Hills**.....(248) 686-3347
thriveworks.com
- Wolverine Human Services**.....(313) 824-4400
wolverinehs.org

LGBTQ+

- Affirmations**.....(248) 398-7105
goaffirmations.org
- Bald Mountain Behavioral Medicine**.....(248) 693-4000
bmbmedicine.com
- CNS Healthcare**.....(800) 615-0411
cnshealthcare.org
- Harbor Oaks Hospital**.....(866) 258-3079
harboroaks.com
- Henry Ford Maplegrove**.....(248) 661-6170
henryford.com/maplegrove
- New Oakland Family Centers**.....(800) 395-3223
newoakland.org
- Thriveworks Beverly Hills**.....(248) 422-1479
thriveworks.com

FAITH BASED REHABILITATION

(Usually 12 month programs)

- Daniel B. Sobel Friendship House**.....(248) 788-8888
friendshipcircle.org/friendshiphouse
- Grace Centers of Hope (Pontiac)**(855) 435-7424
gracecentersofhope.org
- Life Challenge (Teens & Adults)**.....(313) 531-0111
lifechallengesemi.org
- Southeast Michigan Adult Rehabilitation Center**
semichigan.satruck.org.....(313) 965-7760
- Teen Challenge (Teens & Adults)**.....(417) 581-2181
teenchallengeusa.com

THE ALLIANCE FAMILY & RECOVERY SUPPORT GROUPS

ALL MEETINGS

Listed on the Alliance calendar*
achcmi.org/events
or (248) 221-7101



FREE COMMUNITY NARCAN TRAININGS

ALL MEETINGS

Listed on the Alliance calendar*
achcmi.org/events
or (248) 221-7101



**calendar updated frequently*

SPECIALTY SERVICES

- RISE Center**.....(248) 464-6055
rise@oaklandchn.org
- Peter's Angels (Chaldean/Arabic)**.....(833) 264-3548

- GRIEF GROUP -

- Alliance Grief Support Group**(248) 221-7101
achcmi.org/events

- LEGAL ASSISTANCE -

- Fordree Law Firm, PC**.....(248) 652-1222
www.fordreelaw.com
- John J. Kennedy, Attorney at Law**.....(586) 801-7704
jkennedy1959@aol.com
- Pietroski Law Office**.....(586) 574-9880
dpietroski@msn.com
- Switalski Law**.....(248) 224-9482
switalskiconsulting.com

SPECIALTY SERVICES (cont.)

- MEDICATION ASSISTED TREATMENT - (Methadone, Suboxone, Vivitrol, etc.)

- OCHN Access Offices**(248) 464-6363
oaklandchn.org
- Bald Mountain Behavioral Medicine**(248) 693-4000
bmbmedicine.com
- Harm Reduction Services - Alliance Narcan Training**
achcmi.org(248) 221-7101
- Integrated Care Clinicians, LLC**(248) 818-1249
integratedmat@gmail.com
- Meridian Health Services**(248) 599-8999
meridian-hs.org
- Neu Urgent Care**(248) 629-7497
neuurgentcare.com
- Oakland County Health Division**(248) 858-1729
oakgov.com
- Sacred Heart Wellness Center**(248) 658-1116
sacredheartcenter.com
- Therapeutics LLC**(248) 525-6832
therapeutics.me
- Vivitrol.com**(800) 848-4876

- PRENATAL CARE -

- OCHN Access Offices**.....(248) 464-6363
oaklandchn.org
- Easterseals***(800) 75-Seals
easterseals.com
- Great Lakes Recovery Centers**.....(855) 906-4572
greatlakesrecovery.org
- Odyssey House**.....(810) 238-5888
odysseyvillage.com
- Sacred Heart Wellness Center**(248) 658-1116
sacredheartcenter.com
- Sacred Heart Rehab Center and Clearview**
sacredheartcenter.com(810) 392-2167
- Well Health Medical Associates**(248) 266-6073
wellhealthassociates.com

ADDITIONAL COMMUNITY RESOURCES

- Alliance Family & Recovery Support Groups**
achcmi.org/events(248) 221-7101
- OCHN Access Offices**(248) 464-6363
- Common Ground/Resource & Crisis Helpline**
24 Hours/Day.....(800) 231-1127
- The Jamie Daniels Foundation**
jamiedanielsfoundation.org/resources



ALLIANCE
OF COALITIONS
for Healthy Communities

Prevention & Recovery Support

ACHCMI.org

Phone: (248) 221-7101 • E-mail: info@achcmi.org



Oakland County Sheriff Tip Line

(888) TURN1IN

(888) 887-6146

NET (Narcotics Enforcement Team) Tip Line

(248) 858-1710



Oakland Community
Health Network

Developmental Disabilities • Mental Health • Substance Recovery

Mental Health and Substance

Use Access Services

(248) 464-6363

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. Contact Substance Abuse Quality Assurance & Licensing Sect., Recipient Rights Coordinator, PO Box 30664, Lansing, MI 48909.

Federal, State, and/or County funding has been provided through the Oakland Community Health Network Substance Use Disorder Services to support the project costs.

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